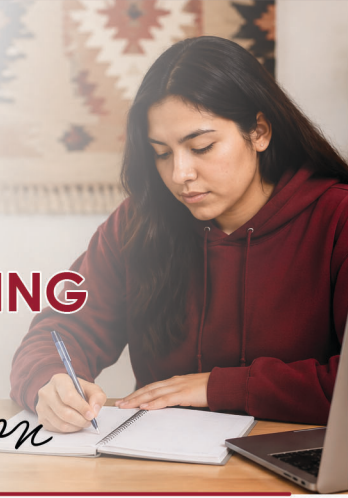




UNITED TRIBES  
TECHNICAL COLLEGE  
ONLINE LEARNER SUCCESS



## ONLINE LEARNING READINESS

### Self-Reflection



This worksheet is for your personal reflection. It will not be graded or submitted.



#### BEFORE YOU BEGIN:

Think honestly about your current habits and skills. There are no right or wrong answers.



### 1. TIME MANAGEMENT

- I usually plan my week and keep track of deadlines.
- I can stay focused and complete work without someone reminding me.
- I set aside time each week specifically for studying or assignments.
- I am comfortable balancing school with work, family, or other responsibilities.



### 2. LEARNING & COMMUNICATION

- I am comfortable learning through readings, videos, and independent activities.
- I don't mind asking questions through email, messages, or discussions.
- I check my email regularly.
- I know when and how to ask for help.



### 3. TECHNOLOGY SKILLS

- I have access to a reliable computer.
- I have reliable internet access.
- I know how to use email, browse the web, and log in to online platforms.
- I've used tools like Zoom, Google Docs, or other school-related software before.
- I can troubleshoot basic tech issues or ask for help if needed.



### 4. SELF-MOTIVATION

- I can get started on assignments without procrastinating.
- I stay focused even when studying at home or around distractions.
- I am willing to keep working even when coursework becomes difficult.
- I take responsibility for my own learning and progress.



#### YOUR REFLECTION

- ◆ Which area do you feel most confident about?

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- ◆ Which area would you most like to improve?

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- ◆ What is one step you can take this semester to strengthen your readiness for online learning?

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#### REMEMBER:

You do not need to check every box to be successful in online learning. Every skill can be learned and improved with practice, support, and experience.

